



# Anti-Bullying Policy

## Apollo Trampoline Club Anti-Bullying Policy

Apollo Trampoline Club we take all signs or allegations of possible bullying seriously. Disruptive, threatening or inappropriate behaviour of any kind including bullying is unacceptable and will not be tolerated. Report any concerns to Apollo Trampoline Club Welfare Officer – Melanie O'Halloran

### **Bullying can be:**

- Emotional - being unfriendly, excluding, tormenting (e.g. hiding belongings, threatening gestures)
- Physical - pushing, kicking, hitting, punching or any use of violence • Racist - racial taunts, graffiti, gestures
- Sexual - unwanted physical contact or sexually abusive comments • Homophobic - because of, or focusing on the issue of sexuality • Verbal - name-calling, sarcasm, spreading rumours, teasing.
- Cyber - All areas of internet, such as email & internet chat room misuse, mobile threats by text messaging & calls, misuse of associated technology, i.e. camera & video facilities.

### **Examples of bullying with in gymnastics could be:**

- A gymnast who intimidates fellow gymnasts inappropriately i.e. abusive text messages, MSN, other social networking sites.
- A coach who adopts a win-at-all costs philosophy i.e. shouting, name calling, or ignoring.
- A parent who pushes too hard i.e. shouting at child.
- Anyone who intimidates another member at the club.

### **Apollo Trampoline Club operates a strict three strikes policy:**

1. Anyone failing to meet behaviour standards will receive a verbal warning and there will be an apology from the bully(ies) to the victim and we will inform the bully's parents
2. If the behaviour continues a written warning will be issued to the gymnast and their parents and disciplinary action imposed if necessary.
3. If the written warning has no effect the gymnast will be suspended or expelled from the Club at the discretion of the Head Coach Bill Leach.

### **WHO TO CONTACT**

Bill Leach, Head Coach, Tel 07918024761 (m) or Melanie O'Halloran, Welfare Officer, Email – [Apollo.trampoline@hotmail.com](mailto:Apollo.trampoline@hotmail.com) or contact the leisure centre 0333 005 0154 and we will return your call. British Gymnastics – 03451297129 - [www.british-gymnastics.org](http://www.british-gymnastics.org) NSPCC – 0191 227 5300 – Help-line – 0808 800 5000 Email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)  
Child Line – 0800 1111